

LENTEN REGULATIONS 2018

The season of Lent extends this year from Ash Wednesday, February 14th, to the Mass of the Lord's Supper, Holy Thursday, March 29th, inclusive.

1. Everyone 14 years of age or over is bound to abstain from meat on Ash Wednesday, Good Friday and all Fridays of Lent.
2. Everyone 18 years of age and under 59 years of age is also bound to fast on Ash Wednesday and Good Friday.
3. On these two days of fast and abstinence, only one full meatless meal is allowed. The other meatless meals, sufficient to maintain strength, may be taken according to one's needs, but altogether they should not equal another full meal. Eating between meals is not permitted on these two days, but liquids, including milk and fruit juices are allowed. When health or ability to work would be seriously affected, the obligation of the law is modified. Because Lent is a special season for all Christians, we should not lightly excuse ourselves from these penitential practices.
4. To completely disregard the law of fast and abstinence is seriously sinful.

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IMPORTANT DATES...

- **ASH WEDNESDAY, February 14th.**
Masses at St. Augustine at 8am & 6:30pm
Masses at Ss. Peter & Paul at 8am, 12 noon & 7pm.
- **TUESDAYS DURING LENT: St. Augustine**
Stations of the Cross held at 7pm on
February 27th; March 13th; & March 27th (on these Tuesdays, there is still
the 8:00 am Mass)
MASS at 7:00pm on February 20th, March 6th, and March 20th, (on these
Tuesdays, there is NOT an 8:00 am Mass)
- **FRIDAYS AND SATURDAYS DURING LENT: Ss. Peter and Paul**
Extra Masses during Lent are Fridays at 12:00 noon
Saturdays at 9:00 am.
- **First Reconciliation, St. Augustine's, Saturday, March 10th; 2:00 pm.**
- **MONDAY, MARCH 12TH -- PARTNERSHIP PENANCE SERVICE**
7:00 PM Ss. Peter and Paul Church, Waterloo
- **HOLY THURSDAY, MARCH 29th**
7PM MASS, ST. AUGUSTINE
7PM Mass at Ss. Peter and Paul, Waterloo
- **GOOD FRIDAY, MARCH 30th**
7PM SERVICE, ST. AUGUSTINE
3PM Stations of the Cross & 7PM Service, Ss. Peter and Paul, Waterloo
- **EASTER VIGIL, SATURDAY, MARCH 31ST**
8:00 PM MASS, ST. AUGUSTINE
8:00 PM Mass, Ss. Peter and Paul, Waterloo
- **EASTER SUNDAY, APRIL 1ST;**
8:30AM MASS, ST. AUGUSTINE
8AM and 10AM Mass, Ss. Peter and Paul, Waterloo